



2025 General Essential Camper Info

Emergency Contact Info:

- **ISC Direct Phone #: (201) 472-0203**
ISC Camp Director: Kurt Schwarz
 - **Camp Nurse Phone #: (201) 204-2407**
Camp Nurse: Meredith Conry
- **Available 24 hours a day at these phone #'s****
- **ISC Camp Director's Email:** kurt@inspiresportscamps.com

Camp Facility Addresses & Websites:

Term 1 (6/22 - 6/27) &

Term 2 (6/29 - 7/4)

Camp Orchard Hill

640 Orange Rd.

Dallas, PA 18612

www.camporchardhill.com

Term 3 (7/6 - 7/11) &

Term 4 (7/13 - 7/18)

Kenbrook Bible Camp

190 Pine Meadow Rd.

Lebanon, PA 17046

www.kenbrook.org

Term 5 (7/20 - 7/25) &

Term 6 (7/27 - 8/1)

Camp Men-O-Lan

1415 Doerr Rd.

Quakertown, PA 18951

www.menolan.org

Check-In & Check-Out Details:

All Terms Check-In:

Location = Main Entrance

Arrival Time = 3-4pm

All Terms Check-Out:

Closing Rally = 11:30am

Departure Time = 1:30pm

****Camper Release:** At check-in, you (or the adult who brings your camper) are required to list everyone authorized to pick-up your camper on closing day. The adults listed as authorized to pick up your camper are the **ONLY** individuals permitted to complete the check-out process (picture ID required) and pick-up your camper. This process is required by State Law for your camper's protection.

Packing Guidelines:

- **Recommend packing only 1 or 2 bags that are easy to carry such as a suitcase & small duffle bag. No loose items, please.**
- **NEED pillow & bedding (either twin size bedding with blanket OR sleeping bag)**
- Must bring bag for camper's dirty clothes.
- Place toiletries in a type of plastic bag or kit for ease in traveling to showers (also reduces chance of spilling on clothes in luggage).
- Make sure camper's name is on all items.
- Recommend packing all clothes in a heavy garbage bag, squeezing air out, twisting shut, & then placing garbage bag into luggage.
- **Bring any medications in their ORIGINAL PACKAGING to Check-In & register them with Camp Nurse. PLEASE DO NOT PACK MEDICATIONS IN CAMPER'S LUGGAGE!**
- Identification tags on bags are recommended with: "Camper Name" – Home Address & Parent's Cell Phone #.

What to Pack:

- Pillow & bedding (either twin size bedding with blanket OR sleeping bag)
- Pajamas, underwear, & extra socks
- Jacket or sweatshirt, hat, & raincoat/poncho
- Modest one-piece swimsuit & beach towel
- Two pairs of shoes (one pair that can get wet)
*Sneakers worn outside cabins at all times
- Towel, washcloth, toiletries, & hairbrush
- Flashlight
- Water bottle
- Backpack
- Bible, notebook, & pen/pencil
- Shorts & T-Shirts
- Long pants & long-sleeved shirts
- Bug spray with DEET
- Sunscreen
- Camera (optional)



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What NOT to Pack:

- Food
- Money / valuables
- Cell phones
- Gaming devices, iPods, or other electronics...
- Non-prescription / Over-the-counter medications